



Parkdale Secondary College

Year 7 SPORT 2024

THIS IS A REFERENCE SHEET AND IS NOT TO BE HANDED BACK TO THE SCHOOL. PLEASE SUBMIT THE ONLINE SUBMISSION FORM FOR 2024 SPORT PREFERENCES AT:

Please enter your child's preferred sports for 2024 via this link.

<https://forms.office.com/r/tNpyM4zB5p>

Instructions:

- Please submit this by **Friday 8th of December, 2023.**
- If this form is submitted after the 8th December 2023, it may result in preferred sports not being available.
- Students are able to indicate 3 preferences for each term.
- Each sport may only be selected ONCE per term.
- Please complete this form with your child.
- Each term runs for approximately 9-10 weeks.
- Students walk or get bus (under supervision) to relevant venues.
- Selected students will compete against other Kingston District schools.
- The College intends to give students their first preference for each term. However, dependent on numbers, some of the sports below might not run.
- Check our website for more information

The following table shows the available sport selections for each term in 2024.

Descriptions of each activity are below.

TERM 1		TERM 2		TERM 3		TERM 4	
ACTIVITY	Price	ACTIVITY	Price	ACTIVITY	Price	ACTIVITY	Price
Cricket	\$60	AFL	\$70	Hockey	\$80	Beach Activities	\$70
Tennis	\$90	Netball	\$85	Touch Rugby	\$130	Ultimate Frisbee	\$35
Volleyball	\$30	Soccer	\$60	Basketball	\$80	European Handball	\$35
Softball	\$50	Badminton	\$30	Table Tennis	\$25	Lacrosse	\$50
Baseball	\$50	Trampolining	\$100	Futsal	\$70	Golf	\$100
Trampolining	\$100	Walking Group	\$25	Gymnastics/Dance	\$50	Hip Hop Dance	\$80
Gymnastics/Dance	\$50	Mixed Sports	\$25	Fitness	\$25	Mixed Sport	\$25
Fitness	\$25	Fitness	\$25	Mixed Sports	\$25	Fitness (BASE)	\$65
Mixed Sports	\$25			AFLW	\$75	Cricket Super 8's	\$35

The below prices are indicative prices that are subject to change depending on the number of students allocated to each sport in each Term

Please find the below link to choose your preferred sports for the 2024 school year. This is the same link as one provided on the first page of this document.

<https://forms.office.com/r/tNpvM4zB5p>

Parkdale Secondary College Year 7 Sports Program

Please discuss activity choices with your child. All attempts are made to ensure students sport preferences are met, but this is not always possible due to number restrictions. Once allocations have been made there is limited opportunity for changes.

Term 1 Activities:

Cricket: Students participate in Cricket at school for the term. Students will have the opportunity to compete in interschool sport if selected. Price based on transport cost.

Tennis: Students participate Tennis at Parkdale Tennis Courts. Students walk to and from the court under teacher supervision. Students will have the opportunity to compete in Interschool sport if selected in a team. Price based on venue cost and transport.

Baseball/Softball: Students participate in Baseball or Softball at school for the term. Students will have the opportunity to compete in interschool sport if selected in a team. Price based on transport cost.

Volleyball: Students participate in Volleyball at school for the term. Students will have the opportunity to compete in interschool sport if selected in a team. Price based on transport cost.

Trampolining: Students participate in Trampolining at Cheltenham Youth Club for the term. The activities are undertaken by qualified instructor and supervised by a staff member from PSC. Price based on transport and venue hire cost.

Dance: Students participate in Dance at school for the term or at Mordialloc Community Centre. Price based on venue hire.

Gymnastics: Students participate in Gymnastics activities at Mordialloc Community Centre for the term. Price based on venue hire.

Fitness: Students participate in a variety of activities to develop their fitness levels this may include boxing, circuits and group fitness classes. Activities are undertaken at PSC and in the community. This price is based on curriculum consumables.

Mixed Sport: This unit gives students a variety of activities including lawn bowls during the term. Students do not have the opportunity to compete in Interschool sport in this unit. This price is based on curriculum consumables.

Term 2 Activities:

AFL: Students participate in Football at school for the term. Students will have the opportunity to compete in interschool sport if selected in a team. Price based on transport cost.

Netball: Students participate in Netball at school for the term. Students will have the opportunity to compete in interschool sport if selected in a team. Price based on transport cost & venue hire.

Soccer: Students participate in Soccer at school for the term. Students will have the opportunity to compete in interschool sport if selected in a team. Price based on transport cost.

Badminton: Students participate in Badminton at PSC and Springers Leisure Centre for the term. Students will have the opportunity to compete in interschool sport if selected in a team. Price based on transport cost & venue hire.

Trampolining: Students participate in Trampolining at Cheltenham Youth Club for the term. The activities are undertaken by qualified instructor and supervised by a staff member from PSC. Price based on transport cost and venue hire.

Mixed Sport: This unit gives students a variety of activities including lawn bowls during the term. Students do not have the opportunity to compete in interschool sport in this unit. This price is based on curriculum consumables.

Fitness: Students participate in a variety of activities to develop their fitness levels this may include boxing, circuits and group fitness classes. Activities are undertaken at PSC and in the community. This price is based on curriculum consumables.

Walking Group: Students will participate in a walking group around the local area and parks such as Braeside Park. A great social and fitness activity. This price is based on curriculum consumables.

Term 3 Activities:

Hockey: Students participate in Hockey at school for the term. Students will have the opportunity to compete in interschool sport if selected in a team. Price based on transport cost & venue hire.

Basketball: Students participate in Basketball for the term. Students will have the opportunity to compete in interschool sport if selected in a team. Price based on transport cost and venue hire.

Futsal: Students participate in Futsal (Indoor Soccer) for the term. This will take place at Moorabbin Indoor Sports or Springers Leisure Centre. Students will have the opportunity to compete in interschool sport if selected in a team. This sport is for boys and girls. Cost based on transport fees and venue hire.

AFLW: Students participate in Football at school for the term. Students will have the opportunity to compete in interschool sport if selected in a team within the Kingston division. Cost based on transport fees.

Dance: Students participate in Dance at school for the term or at Mordialloc Community Centre PSC Dance staff. Cost based on venue fee.

Touch Rugby: Students participate in Rugby for the term. Students are exposed to a program run by Touch Football Australia, where they run clinics and a round robin tournament against other Kingston Schools. Cost based on transport & affiliation fee.

Table Tennis: Students participate in Table Tennis at PSC and in the community for the term. Students will have the opportunity to compete in interschool sport if selected in a team. This price is based on curriculum consumables.

Mixed Sport: This unit gives students a variety of activities including lawn bowls during the term. Students do not have the opportunity to compete in interschool sport in this unit. This price is based on curriculum consumables.

Fitness: Students participate in a variety of activities to develop their fitness levels this may include boxing, circuits and group fitness classes. Activities are undertaken at PSC and in the community. This price is based on curriculum consumables.

Term 4 Activities:

Golf: Students participate in Golf at Woodlands Golf Club. Qualified Instructors conduct the sessions. Cost based on venue/instructor fees.

Ultimate Frisbee: This unit will surround ultimate frisbee including training from coaches, internal games and interschool competition from our Kingston division teams. Cost based on transport fees.

European Handball: This unit will surround European Handball including training from coaches, internal games and interschool competition from our Kingston division teams. Cost based on transport fees.

Hip Hop Dance: Students participate in Hip Hop Dance at school for the term run by qualified instructors. Cost based on instructor hire.

Beach Activities: Students will participate in the Cricket, Volleyball and a Lifesaving Carnival at Mordialloc Beach. Students will not be swimming in this activity. Cost based on transport fees.

Fitness BASE: Students participate in a variety of activities to develop their fitness levels this may include boxing, circuits and group fitness classes or activities arranged by BASE Performance. Activities are undertaken at PSC and in the community. Cost based on instructor hire.

Cricket Super 8's: Students will participate in Cricket for the term (this is a 8 a side version of cricket). Students will have the opportunity to compete in interschool sport if selected in a team within the Kingston division. Cost based on transport and ground fees.

Lacrosse: Students will compete in Lacrosse for this term. This will include training from coaches, internal games and interschool competition within Kingston. Cost based on transport and venue fees.

Mixed Sport: This unit will entail a range of different sporting activities including lawn bowls both at PSC and outside the school grounds. This is not a competitive unit and students will not play interschool sport. This price is based on curriculum consumables.